

# CROSSFIT

## VILLA ALBANI

ORARI SCHEDULE	LUN - MON	MAR - TUE	MER - WED	GIO - THU	VEN - FRI	SAB - SAT	DOM - SUN
<b>08:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>09:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>10:30</b>						ON RAMP	<b>11:00</b> ON RAMP
<b>11:30</b>						BASIC	<b>12:00</b> CROSSFIT
<b>12:30</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
<b>13:30</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>17:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>18:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>19:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
<b>20:00</b>	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		

SCHEDA LEZIONI  
CLASS SCHEDULE